

Bridging the distance between
hospital and home.



The first few days following surgery, hospitalization or extended rehabilitation can be stressful for both patients and the families. **Renew** at Transitional Care of Arlington Heights offers the additional security, peace of mind and caregiver support many patients want and need.

Get well sooner...

Renew by Transitional Care of Arlington Heights features private recovery suites, the finest in clinical and rehabilitative therapy services, hotel-level dining, **spa-like services** and comfortable amenities.

Renew is ideal for patients who are recovering from less-invasive surgeries including:

- Biopsies
- Carpal tunnel releases
- Cataracts
- Hernia repairs
- Hysteroscopies
- Dialation and Curettage (D and Cs)
- Endometrial ablation
- Myringotomy, ear tubes
- Oral surgery
- Endoscopic procedures
- Laparoscopic procedures including gall bladder surgery
- Laser procedures
- Microsurgical surgery
- Arthroscopic surgery
- Orthopedic procedures including arthroscopic shoulder/rotator cuff and knee debridement and repair
- Cosmetic surgeries and procedures

Renew is also an excellent solution for guests who need supplemental therapy, additional recovery time or further evaluation, readjustment or supervised rehabilitation.

recovery

Rehabilitate

Physician oversight

On-site physicians assess and consult with **Renew** guests.

24-hour-a-day Nursing Services

Registered nurses are available 24-hours a day to assist with ongoing assessment and care management.

Therapy service

Physical, occupational and speech therapists follow customized therapeutic protocols to foster steady improvement.

Recuperate

Pain Management and Medication Review

We offer a variety of alternative pain management strategies, medication consultations, ongoing assessments for potential complications and subsequent interventions.

Cuisine Care dining

Leave the cooking (and the planning and shopping!) to us so you can focus 100% on recovery without the worry.

Trained professionals

Renew trained professionals offer a welcome caregiving alternative. **Renew** is ideal when local family caregivers are not available or when additional caregiving responsibilities would be disruptive to home or work life.

Revitalize

Our caring concern extends to our guests' overall wellbeing and return home too. Each **Renew** guest is offered:

- A review by a licensed Social Worker of potential needs and relevant community resources.
- A custom home exercise program prepared by a physical therapist.
- Healthy eating instruction and a take-home menu planner.
- Complimentary on-site salon services, including a return-to-home hair styling and manicure.

Get Well Sooner

*Our guests receive the support and confidence they need for a full recovery. Talk to your doctor about making a smooth transition home with **Renew** by Transitional Care.*



For more information or to refer a guest please call **(847) 392-9000** or email referrals@transitional-AH.com.

TRANSITIONAL
care
OF ARLINGTON HEIGHTS